

## Michael S. Griggers State Master Councilor

By now, everyone who goes to school is probably back in school—either by choice or on pain of perpetual punishment. Despite how hard it is to get back into the swing of things, it's important to start off each school year right. After all, each assignment, no matter how small, could mean the difference between a 'B' and a 'C' (dare I say an 'A'?)—it can even affect what college you get into.

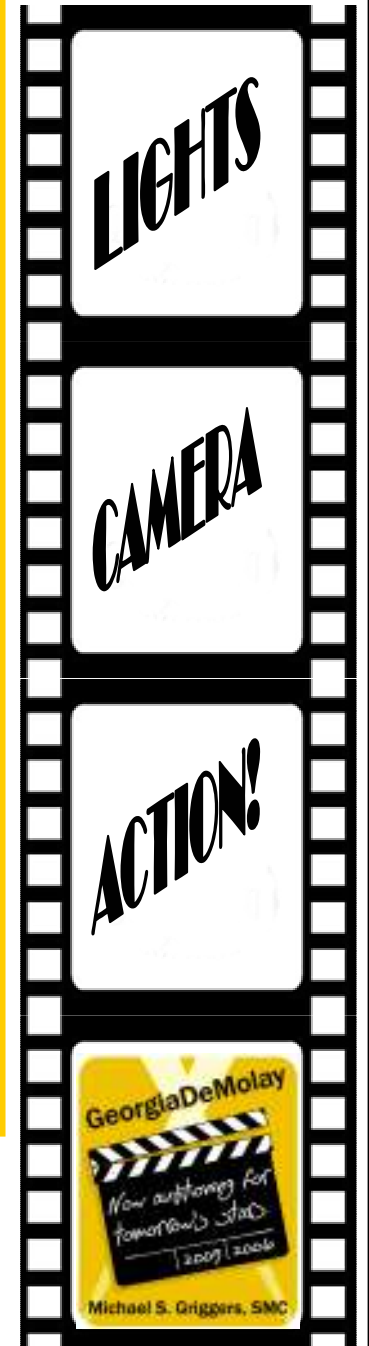
With all of this pressure, it's good to have guidelines to follow to ensure minimal stress. So whether you are in seventh grade or a freshman in college, here are my *Top Five Habits to Keep You (Almost) Stress-Free*:

1. **Study in small increments.** I know that teachers have this nasty habit of giving you work that is due all on the same day, but you really can't learn all you need to learn through a huge study session. Your best bet is, instead, to study in thirty minute increments, take a break for about ten minutes, and then study *something else*. But don't rush off to tell your parents that you can only study for so long because that only works if you do:
2. **Do NOT procrastinate!** You will feel rushed, you won't learn as much as you can, and you completely eliminate any possibility of being able to do the assignment in small increments. Procrastination is a HUGE factor in academic stress.
3. **Work with others whenever you can.** You know the phrase: "two heads are better than one?" Well, it is never truer when you start to reach subjects that you start to struggle with. Build a network of peers with different strengths, and study whenever you can with them.
4. **Eat right and exercise.** This sounds silly, but if you are physically healthy, your mind is much more alert and ready to take in knowledge.



**Get a good night's sleep.** No matter how boring a class lecture is, you should always try to pay attention, and sleeping through the class because you stayed awake until three o'clock in the morning will not make it easier. (And for those of you who think you can learn while you sleep, I wouldn't count on it. You can learn the material in your sleep, but you can only recall it in that state of mind. So unless you can take a test while sleeping, you are out of luck.)

Knowledge is your best weapon in today's world, and DeMolay shows its belief in that old adage through its support of the public school system. We even have our own school in which we teach the Leadership Correspondence Courses (LCCs) that can help you to better understand DeMolay and its principles (which, by the way, can actually help you understand and



memorize the rituals better as well). Georgia DeMolay's premier education course is the Georgia Leader's Academy, which is a must for the chapter councilors to take, but I encourage everyone to take at some point in their DeMolay career. It teaches peer-to-peer communication, program planning, and management, among other things, and it is an invaluable tool not only now, but for the rest of your life.

As State Master Councilor, I want to see all of you grow and flourish not only as DeMolays, but as men, and one of the best ways to keep your options open and ensure your success is to make sure that you get a good education.

Michael S. Griggers  
State Master Councilor

**If you study to remember, you will forget, but, if you study to understand, you will remember.**

**~Unknown**



## DeMolay Gossip



- Rumor has it that *Mountain Park Chapter* thinks they are going to blow all the other chapters out of the water at Conclave by bringing THREE chapter-made movies to the competition. Our sources tell us that the other chapters are not going to let them walk away with the DeMolay Oscars without a fight
- If whispers around the chapters are any indication, there will be more DeMolays at *Cecil Cheves' Beach Weekend* this year than every before. Last year a hurricane kept many DeMolays away, but this year .... sand, beaches and low country boil here we come!
- Dad Bohn tells us that there is some new management at the Atlanta Motor Speedway and they are giving the DeMolays everything they need this year to support their fundraiser. Would you believe DeMolay volunteers at the campsites will have heated booths with Internet access and Halo games? Ok, how about warm socks? Seriously, it should be a lot of fun for the volunteers in October
- Looking into our DeMolay crystal ball we see *Peachtree City DeMolay Club* getting their letters temporary as soon as next year. Won't it be great to have a new chapter in the south metro area! We know Dorian and Dad Mason can do it. Keep your fingers crossed.
- We hear that *Mountain Park* followed a Rainbow and found a pot of gold at the end. Consequently, the ski trip is going to be practically free this year! Well, I did say practically ... ok maybe a few bucks, but definitely cheaper!

## Spotlight on Education

Dad Chris Hendry has recently been appointed to take over as Director of Education on the EOCS. While Dad Hendry gets oriented to the new task, SMC Michael Griggers has asked me to submit an article on education, which I am happy to do.



If you are holding a high leadership position in your chapter (Master, Senior or Junior Councilor) and have not yet attended the Georgia Leadership Academy, tell your Chapter Dad right now to sign you up for this outstanding course! It is scheduled to be taught October 7-9<sup>th</sup> at the FFA/FCCLA Center in Covington and not only prepares you for leadership but is great fun. Act quickly. Go to the GDO Website for more information.

During his year as State Junior Councilor, Geoff Bard really put some oomph in the LCC program by actually teaching the course in Chapters across the state. Your new State Junior Councilor, Richie Eells has elected to follow Geoff's excellent lead and schedule some similar courses. If you haven't taken the LCC course yet, look forward to this opportunity to learn more about the still vibrant history, ideals and traditions of this wonderful organization founded 87 years ago.

Did you know that America was one of the first countries to offer free public education to all its citizens? The founding fathers felt it was very important for everyone to have an education that was paid for by taxes. Our rise to the most powerful nation in the world proves their wisdom! DeMolay's focus on education is one of the things that sets it apart from other youth groups.

I recently heard your generation described on CBS's 60 Minutes as the "Echo Boomers", meaning you are the sons of my generation, the "Baby Boomers" born after the GI's returned home from WWII. The commentator characterized you as being "joiners" and "team players" whereas my generation at your age was characterized as being "non-conformists" and "self-centered" (we liked to call ourselves "individualists", but that's another story). I actually was pleased by this new characterization because while my generation challenged the nation to rethink some of its traditions, your generation listened to the debate, recognized that real change could only be accomplished if we all worked together as a team and are now moving forward cooperatively.

Your SMC, Michael Griggers, recognized this trend when he chose his Hollywood theme. "We are no longer content to sit back and watch life on the screen. We DeMolays are ready to get out, experience life first hand and work together as a team," he said at Conclave 2005. Education contributes to our

understanding of life, enhances our ability to control what is happening around us and ensures our enjoyment of day to day living. We Baby Boomers are excited about what we see in your generation and are looking forward to the great leadership you will offer the America of the future.

Dad Larry Griggers  
Past Director of Education

## MOVIE QUOTES

Jeannie Bueller: *"I don't believe this. If I was bleeding out my eyes, you guys would make me go to school."*

*Ferris Bueller's Day Off (1986)*

Dewey: *"I would like to tell you about what we've been doing in here, but there's such a thing as teacher-student confidentiality, and I don't want to be in breach of educational law, 'cause I could be dismembered by the teacher's union."*

*School of Rock*



# COMING SOON

- **Oct. 7-9:** Georgia Leaders Academy  
FFA/FCCLA Center, Covington
- **Oct. 14-16:** Knighthood Joust  
Masonic Children's Home, Macon
- **Oct. 22:** Halloween Dance  
Sponsored by Samuel S. Lawrence and Friendship  
Assembly - Kennesaw Mountain Shrine Club
- **Oct. 22-30:** NASCAR Race Fundraiser  
Atlanta Motor Speedway, Hampton

# October 2005

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|-----|-----|-----|-----|-----|
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| 2   | 3   | 4   | 5   | 6   | 7   | 8   |
| 9   | 10  | 11  | 12  | 13  | 14  | 15  |
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| 23  | 24  | 25  | 26  | 27  | 28  | 29  |
| 30  | 31  |     |     |     |     |     |

**An investment in knowledge always pays the best interest.**

*~Benjamin Franklin*



## From the South

Hey guys and gals, as the State Junior Councilor I am in charge of education in the state. I have some great term plans ready and I would love to share a few of them with you. This year we will be continuing to offer the LCC Nights at local chapters, and will have an award at Conclave 2006 for the most LCC's from a single Chapter. As you all know the LCC, and general education about DeMolay, is vital to keeping our organization alive. I look forward to seeing all of you at your local chapter LCC night.

As you all know the education obligatory day is to be held at a day convenient to the chapter. To get the PMC-MSA you have to observe all of the obligatory days. I am looking forward to planning a state wide education day that will meet the requirement for your local Chapter. At this educational workshop there will be LCC Classes, RD applications, and other educational programs. This event is in the planning stages and remember to keep a look out on GDO for the date and time!

Another one of the plans for this year is to continue to promote the Representative DeMolay program. This award is a self-evaluation and is also the highest award in DeMolay you can work for. The qualifications for this award are very simple: you have to have been a DeMolay for more than six months. If you ever want to be a State Officer you must have your RD. Similar to last year there will be an award for the chapter with the most RD's from Conclave 2005 to Conclave 2006. I look forward to working with everyone, and hope to see you all soon.

In the Light of the 4<sup>th</sup> Candle,

Richard W. Eells II

State Junior Councilor



# The DeMolator

Vol. 3

Time passed, and the incident at Rock Quarry was all but forgotten. The DeMolator, for the time being, had been tucked safely away until the SMC/GWA reception, which approached faster than anyone could have imagined. The excitement felt on the day of the SMC/GWA reception was palpable—this was the first time DeMolay and Rainbow had ever planned a reception together, and both orders wanted it to not only be the first joint reception, but the best. There was, however, one dark cloud on this sunny day, and her name was Tiffany Ashley-Meagan Smith.

“Today is the day that I show those stupid State Officers that I am *not* invisible!” she said to herself as she got ready for the reception.

Plain black hair, plain black dress—you’d think she was a librarian going to a funeral instead of a young lady going to a formal reception. Nevertheless, Tiffany Ashley-Meagan Smith couldn’t help but feel just a bit more confident than usual. She wasn’t going to be invisible today!

**(To Be Continued)**

*What is Tiffany Ashley-Megan Smith up to? Does Dad Bard go public with the DeMolator and use it at the SMC Reception? What will be the effect on the state officers being teleported through time and space? Something this powerful must be guarded carefully. The potential for trouble if someone like Tiffany Ashley-Megan Smith gets hold of it is just too great.*

Catch the exciting conclusion of this episode on Georgia DeMolay online at the following URL: [www.gademolay.org](http://www.gademolay.org)



State Master Councilor  
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